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Report Documentation Page

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Self-Reported Learning: What Are We Really Measuring?

Traci Sitzmann

Advanced Distributed Learning Co-Laboratory

How Accurate are Perceptions of Learning?

- Adult Learning Theory
 - ► Engage in self-assessment (Hammond & Collins, 1991)
 - ► Direct own learning (Knowles, 1980)
- Past research on self-report skills and ability
- Current study is a meta-analysis to assess the meaning of self-reported learning data

Self-Reported Learning Meta-Analysis

- Is self-reported learning an indicator of...?
 - ► Course satisfaction
 - ► Trainee motivation
 - ► Self-efficacy
 - ► Actual learning

Key Terms

- Meta-analysis statistical summary of the research in a literature domain
- Declarative knowledge trainees' ability to remember factual information (e.g., define key terms) presented in training
- Procedural knowledge trainees' ability to perform a skill (e.g., complete a tax return)
- Self-efficacy trainees' confidence in their ability to reach their training goals

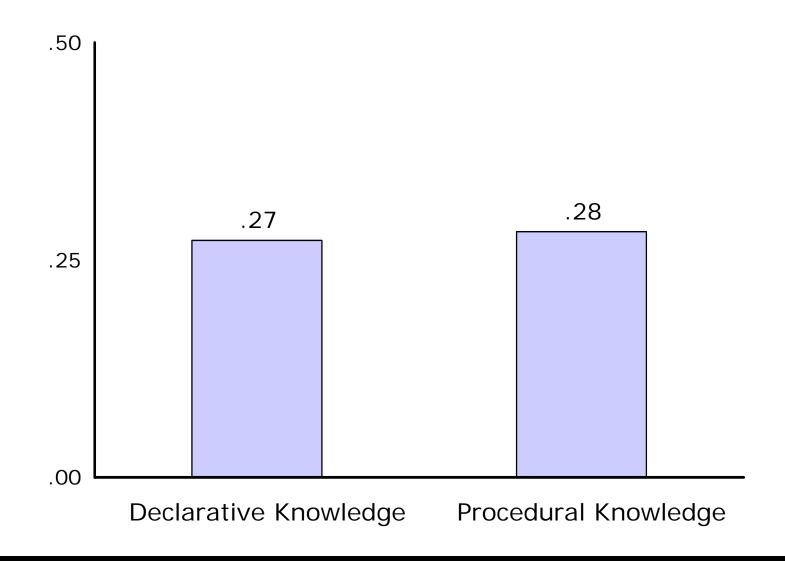
Method

- Coded 195 articles, 226 independent samples
- 45,080 trainees
- 76% undergraduate or graduate students
- 19% employees
- 5% military

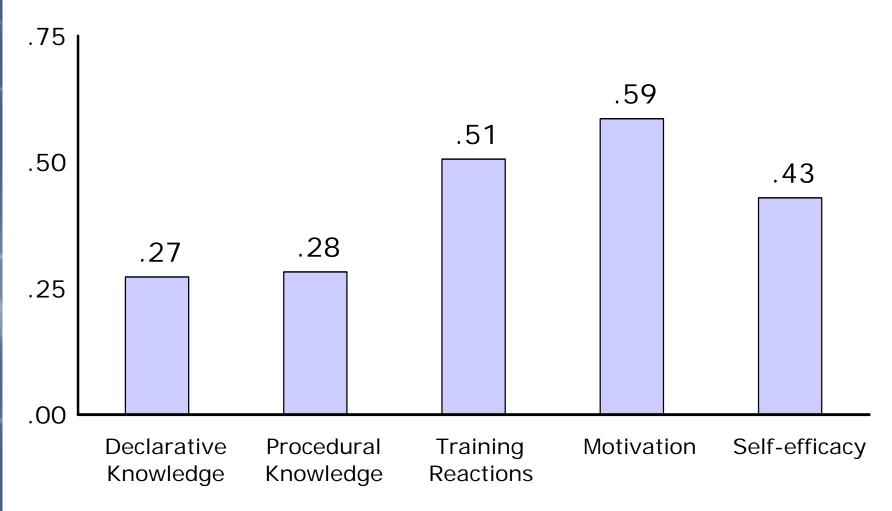
Meta-Analytic Notional Example

Research report	Sample size	r	Total
Report A	150	.05	r = .22
Report B	288	.26	
Report C	35	02	
Report D	71	.18	

Correlations with Self-Reported Learning



Correlations with Self-Reported Learning



Improving the Accuracy of Learning Perceptions

Practice and Feedback

- No Practice or Feedback
- Practice and Feedback

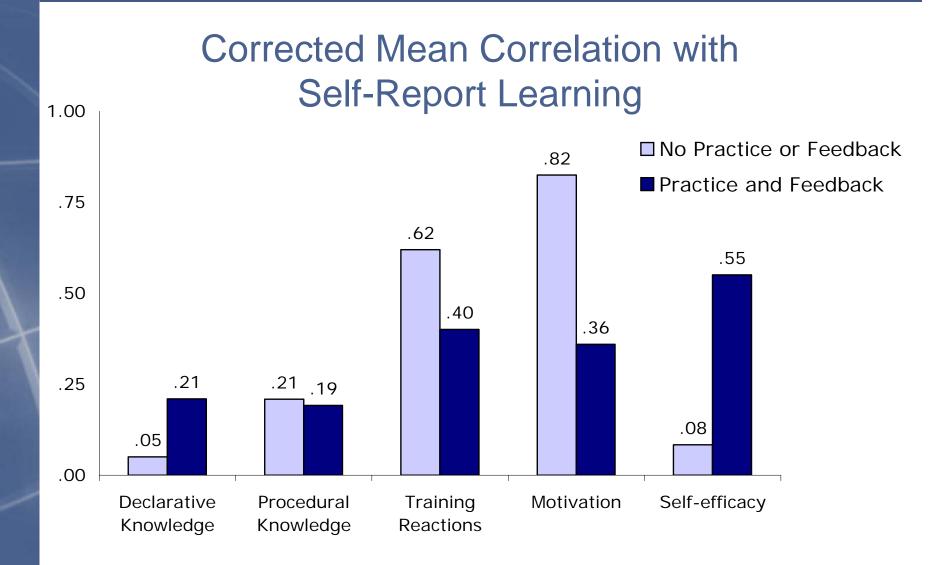
Delivery Media

- Web-based Instruction
- Classroom Instruction

Meta-Analytic Notional Example

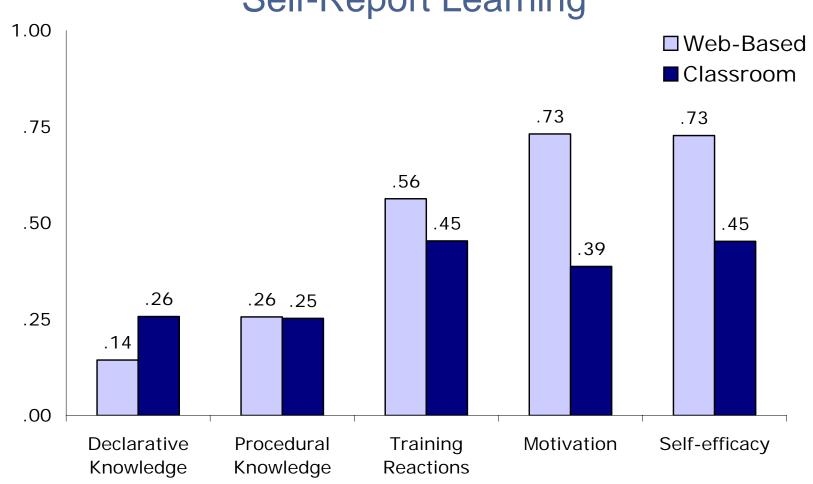
Research report	Sample size	r	Feedback
Report A	150	.05	Low
Report C	35	02	Low
Report B	288	.26	High
Report D	71	.18	High

Effects of Practice & Feedback



Effects of Delivery Media

Corrected Mean Correlation with Self-Report Learning



Implications

- Learners do not always have accurate perceptions of their own learning
- Affect has a strong relationship with judgments of learning
- Training course design can influence the accuracy of students' perceptions of learning